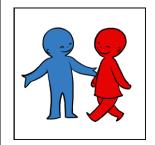




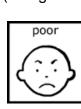
Please tick, circle or mark the scale.

How was the therapist at..



1... making you feel at ease?

(being friendly and warm towards you)















2... letting you tell your 'story'?

(giving you time to fully describe things in your own words)















3... really listening?

(paying close attention to what you are saying)















4... being interested in you as a whole person?

(asking/knowing relevant details about your life, your situation)















5... fully understanding your concerns?

(communicating that s/he had accurately understood your problems)







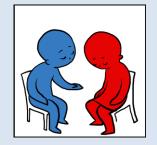












6... showing care and compassion?

(seeming genuinely concerned)













7... being positive?

(having a positive approach and positive attitude)















8... explaining things clearly?

(fully answering your questions, giving you enough information)















9... helping you to take control?

(exploring with you what you can do to improve your health yourself)















10... making a plan of action?

(discussing the options, involving you as much as you want)













If you would like to explain any of your responses, please use this space or overleaf.